

CALSTRS

California State Teachers' Retirement System
P.O. Box 15275
Sacramento, CA 95851-0275
800-228-5453/TTY
www.CalSTRS.com

Planning Your Successful Retirement

ATTEND A CALSTRS WORKSHOP

Why Attend a CalSTRS Workshop?

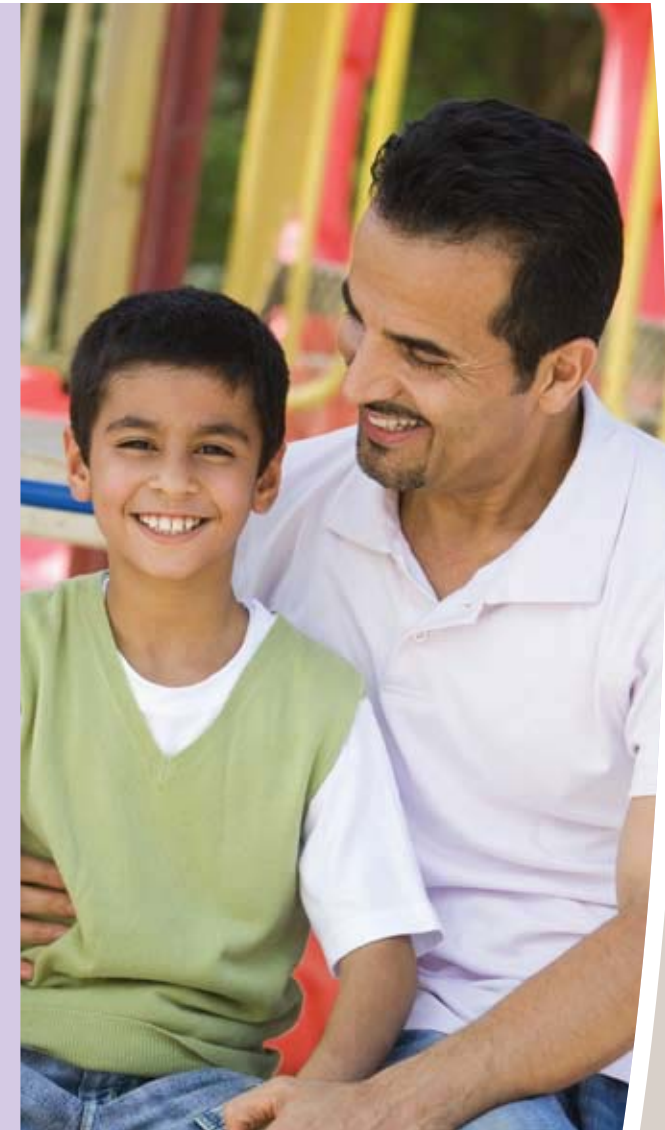
CalSTRS workshops are a great way to establish your foundation of knowledge about your CalSTRS benefits. These free and informative sessions are designed to provide you with the knowledge and confidence to help you plan for a successful retirement. Trained experts will help you learn what you can do today to enhance your retirement lifestyle. CalSTRS workshops are conducted in an environment in which you can ask questions and formulate plans that can help you as you prepare for your future.

Which CalSTRS Workshop is Right for You?

Whether you're just starting out or have been an educator your entire career, CalSTRS offers a variety of workshops to meet your growing need for information regarding your benefits and other retirement planning during the different stages of your teaching career.

CalSTRS Benefits Counseling Offices by City

Auburn	530-886-2012
Bakersfield	661-636-4880
Camarillo	805-383-1993
Colton	909-433-4686
Costa Mesa	714-966-4251
Dublin	925-828-2551 Ext. 5465
Eureka	707-441-3953
Fairfield	707-399-4430
Foster City	650-312-7712
Fresno	559-497-3797
Hayward	510-670-4200
Los Angeles	562-922-6414
	562-922-6838
Marysville	530-749-4900
Modesto	209-238-1614
Monterey Park	323-780-3961
Pleasant Hill	925-942-5375
Rancho Cordova	916-861-0519
Redding	530-225-0203
Sacramento	800-228-5453 Ext. 5
Salinas	831-784-4195
San Diego	619-718-6783
San Francisco	415-241-6101
San Jose	408-535-6171
Santa Ana	714-466-8450
Santa Barbara	805-928-0542
Santa Cruz	831-466-5600
Santa Maria	805-928-0542
Santa Rosa	707-524-2627
Stockton	209-468-4864
Visalia	559-733-6760



WORKSHOP DESCRIPTIONS

Core Workshops

- **Demystifying CalSTRS** is a one-hour workshop explaining how your CalSTRS pension is the foundation of your personal retirement plan. This is the workshop for you to attend if you have never attended a CalSTRS workshop or are in the early stages of your career. It is never too early to start planning for your retirement.
- **CalSTRS Fundamentals** is a 2½-hour workshop providing a look into the essentials of the CalSTRS benefits relevant to mid-career educators. This workshop will provide you with basic details of your CalSTRS benefits.
- **CalSTRS Retirement Check-Up** is the workshop to attend as you approach retirement. This 1½-hour workshop provides details on how your retirement benefit is calculated, how to provide a lifetime benefit for another person, your disability and survivor benefits, the retirement process, working after retirement and resources for prospective retirees.
- **Retirement Income Management** is a workshop that includes details on identifying retirement income and expenses; understanding the four retirement risks; closing income and expense gaps; and planning to preserve, protect and manage income. We offer both 1½-hour and three-hour workshops designed for CalSTRS members age 45 and over, retired educators or any member interested in developing a post-retirement plan.

Specialized Workshops

CalSTRS continues to develop new workshops on a variety of subjects that affect California educators who want to be informed as their needs change and their career progresses. Check back periodically at www.CalSTRS.com/workshops for new workshop offerings.

Where and When are CalSTRS Workshops Held? Is There a Cost to Attend?

Workshops are offered at no cost statewide throughout the year, usually at a local school district office or school site.

Who Conducts the Workshops?

CalSTRS workshops are only conducted by trained and knowledgeable CalSTRS staff and benefits counselors who provide the information you need and the service you, the member, have come to expect from CalSTRS.

How Do You Register?

Registering for CalSTRS workshops is quick and easy. Call your closest benefits counseling office (see back panel for locations and telephone numbers) or call 800-228-5453 Ext. 5. You can also register by visiting us online at www.CalSTRS.com/workshops. You are welcome to bring your spouse or partner to any workshop; simply indicate that when registering.

Free CalSTRS workshops are
available statewide, year-round.

